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IT'S LADIDA FOR HARRIETT D. FOY

P-VALLEY STAR RELEASES HOUSE MUSIC SINGLE

New York, NY - The resurgence of dance music has set the stage for acclaimed actress Harriett D. Foy to debut a pulsing new single, "LaDida." Known for her role as Pastor Patrice Woodbine on the STARZ hit series P-Valley, Harriett is releasing "LaDida" in collaboration with celebrated producer Germono Toussaint. The thumping House music single will be available on all platforms on September 9th.

Named for one of her signature catchphrases, "LaDida" is meant to inspire audiences to live their passion, embrace their individuality and authenticity, and cast away detractors.

"LaDida is one of my favorite expressions when talking to friends! It's a quick glimpse into your personal fab" exclaims Harriett. "LaDida is a fab pull-together of anything and everything! If that includes glitter...all the better!"

With artists from Beyoncé to Drake releasing successful dance-inspired music this summer, Harriett feels this is the right time. "LaDida" is the first single from *Project 1:11* a compilation of four singles celebrating House, 80s Funk, and Soul music.

"House music gives you the freedom to express your authentic self on the dance floor, however you want," says Harriett. "No judgment...just you and your vibe. House music hits each person differently because we all may hear something different in the music. When the House beat drops, it's like a fever that takes over, so one can't help but express what they are feeling by moving."

"House music is spiritual," she exclaims. "If you know, you know."

This isn't her first foray into music. She was excited to sing two songs written by P-Valley Co-Executive Producer Patrik-Ian Polk and Composer/Music Producer Matthew Head for her character Patrice Woodbine. An award-winning stage actress, she has lent her vocals to cast albums for Broadway and off-Broadway productions including *Amelie*, *Amazing Grace*, *Lone Star Love*, *Reunion*, and *Inside Out*. She performs with the Discoettes, a group she created with her 'sister-friends,' fellow performers Carmen Ruby Floyd and Laiona Michelle.

Harriett describes her style as 'Houseafunkasoulification' and names Donna Summer, Grace Jones, Roberta Flack, Pet Shop Boys, Angie Stone, Sylvester, LaBelle, Madonna, RuPaul, Beyoncé, RuPaul, and Martha Wash among her influences.

“Harriett D. Foy is a vibe honey,” she exclaims. “I’m a Howard girl, I grew up in Brooklyn, Maryland, and North Carolina, and I’m an August Virgo - my vibe is my vibe, and that is what I hope the audiences hear in my music. My joy, my freedom, my life experiences, the twirl, the swirl, the joy, my love of music and how it makes me feel.”

"While filming P-Valley in GA, I found that my apt complex fitness room had great acoustics, so I started singing different melodies that just came out of the blue," she continues. "I sent the drafts/sketches to Germono and said 'let's make some music boo!'"

“Harriett is a whole vibe, a whole vibration,” Germono Toussaint cosigns. “Her energy, voice, presence, passion...it’s just electric. We’re giving you an experience - our experience.”

“LaDida” will be available on all platforms on Friday, September 9th. It is the first single from *Project 1:11* a collaboration between Foy and Toussaint that is slated for release this fall.

For media inquiries, contact Raine Martin, 917-231-4566 or rainemartin@gmail.com

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PRESS LISTENING LINKS:

[“LaDida”](#)

[“LaDida” Instrumental](#)

About Harriett D. Foy

Harriett D. Foy currently stars as Patrice Woodbine on the hit STARZ show *P-Valley*. She is an award-winning actress who has performed for audiences from Broadway to Dubai. She can be heard on the cast albums for *Amelie*, *Amazing Grace*, *Lone Star Love*, *Reunion*, and *Inside Out*.

Harriett is the creator and star of *My Soul Looks Back in Wonder*, a one-woman play with music based on Slave Narratives. She made her concert debut at Merkin Hall in *The African American Spiritual*, produced by B. Arts Presenter. She has the distinction of being the first African-American woman to play Rosie in *Mamma Mia* on Broadway.

Harriett is a proud Bison, a graduate of Howard University where she received her BFA in acting. She is a native of New Bern, NC but grew up in New York and Maryland. She is the Board President of The Lighthouse Opera Company in NY.